



Culinary Adventure in Peru - 11 Days (#19159)

Note: Price printed on this PDF is valid until **29-07-2024** and is subject to change without notice due to Partner changes and currency fluctuations

Trip Highlights

Lima-Cusco-Sacred Valley-Machu Picchu-Cusco-Iquitos

Detailed Itinerary

Day 01

Day 01: Arrive Lima

Upon your arrival at Lima airport, our representative will be waiting for you. Transfer to your hotel.

Meals: None.

Overnight in Lima.

Meal: No Meal



Day 02

Day 02: In Lima

Culinary experience and city tour of Lima.

Today we will make a space to enjoy Peruvian gastronomy at the hands of one of the best culinary guides in Peru, chef Penelope Alzamora. Visit a local market accompanied by Penelope. Aromas, colors, and flavors will come to meet you and surprise you with so much delight and variety. Huge corn, shiny chili peppers, varieties of potatoes of different colors; one by one, they will choose the ingredients of the dish they want to prepare. After you have everything, you need, it's time to get to work. Once in Penelope's kitchen, take part in an entertaining class in which you will prepare lunch that you will later enjoy accompanied by the famous Pisco sour. Enjoy!

Go back in time with a tour of the Historic Center of the city, discover the most representative buildings of the colonial and republican eras, and visit the oldest plot of land in America, continuously inhabited by the same family: Casa De Aliaga.

Meals: Breakfast, lunch.

Overnight in Lima.

Meal: Breakfast and Lunch

Day 03

Day 03: Lima - Cusco - Sacred Valley

At the scheduled time, transfer to the airport to take the flight to Cusco.

Flight Lima – Cusco (not included). We recommend arriving in Cusco before 10:30 am.

Full day tour to Sacred Valley with lunch in a colonial hacienda.

Welcome in the city of Cusco, then we will go to the Sacred Valley. We will discover Pisac, a beautiful place where the Inca and the colonial coexist perfectly and are part of the daily life of its inhabitants. Tour this picturesque town, famous for its craft fairs and where you can buy the most delicate ceramics, textiles, and jewelry.

We will make a stop for lunch at a colonial hacienda. Discover the legacy of three generations of one of the most traditional families of the Sacred Valley. Learn about the generational experiences and the work that lies behind production of Cusco's giant white corn, a unique species that only grows in this area. And finally, enjoy a unique experience in the form of traditional cooking based upon local organic products, the legacy of farmers devoted to their land.



Meals: Breakfast, lunch.

Overnight in the Sacred Valley

Meal: Breakfast and Lunch

Day 04

Day 04: Sacred Valley

Full day visit to the Sacred Valley: archaeological site of Moray, salt pans of Maras and Manuel Choque potato fields.

This morning, we will take the road to the archaeological site of Moray, used as an agricultural laboratory, its system of circular platforms that descend 150 m below our feet will confirm the wisdom of the Incas when building masterpieces in harmony with nature. We will continue our tour until we reach the salt pans of Maras. Exploited from the time of the Inca to today, this salt pan will surprise you with its white steps that descend abruptly against the green slopes of the hills.

Visit to the potato fields of Manuel Choque, an agronomist included in the 50 Next of The World's 50 Best Restaurants, as one of the young talents that are shaping the future of gastronomy. Together with Manuel, we will discover more about his research. He will tell us about the nutritional and culinary benefits of potato varieties, as well as his extensive breeding work. We will have the opportunity to try their own creations—our favorite: Miskioca, a wine from another Andean tuber—and we will learn how to prepare the ideal spicy sauce to accompany the potatoes, uchucuta.

This is an intimate experience with Manuel Choque and his family on his farm, where we will get to know and savor potatoes with new colors, flavors, and textures that are revolutionizing haute cuisine.

Meals: Breakfast, lunch.

Overnight in the Sacred Valley

Meal: Breakfast and Lunch

Day 05

Day 05: Sacred Valley - Machu Picchu

Gastronomic legacy in the Sacred Valley.

We will begin the day by visiting the organic garden of the Sol y Luna hotel to learn more about the relationship between Andean culture and traditional cuisine. Accompanied by the hotel chef, we will take a walk-through a nearby farm and the local market, which will transport us to the heart of Peruvian



gastronomy.

Enjoy a delicious lunch while appreciating a Peruvian Paso Horse show. This sensory journey goes far beyond pleasing the palate, since you will be able to witness a spectacular equestrian exhibition that testifies to our Creole heritage.

At the end, we will transfer you to the station to board the train to the town of Machu Picchu. Upon arrival, you will be assisted and transferred to your hotel.

To end the day, we will have some ceviche and cocktail classes.

Meals: Breakfast, lunch, dinner.

Overnight in Machu Picchu Pueblo.

Meal: Breakfast, lunch and Dinner

Day 06

Day 06: Machu Picchu - Cusco

Visit to the citadel of Machu Picchu.

In the morning, we will visit Machu Picchu. The citadel of Machu Picchu, rediscovered in 1911 by Hiram Bingham, is one of the most beautiful and enigmatic of the world's historic sites. From the early 1400s, the Inca people used this Andean mountaintop to build several hundred stone structures, but legends and myths indicate that Machu Picchu—meaning “old peak” in the Quechua language—was revered as a sacred site much earlier. Machu Picchu is considered one of the New Seven Wonders of the Modern World. Its architectural beauty, its spectacular natural setting, and the energy contained in its enigmatic structures, are truly breathtaking.

Enjoy the tasting menu Flavors of the Andes.

Finally, we will take the train with destination to the city of Cusco.

Meals: Breakfast, lunch.

Overnight in Cusco.

Meal: Breakfast and Lunch

Day 07

Day 07: Cusco



City tour of Cusco.

We will visit the archaeological site of Sacsayhuaman. This colossal structure built with huge carved rocks joined with absolute accuracy is an astounding sample of the Incan military architecture. Undoubtedly, the greatest architectonic work of the Tahuantinsuyo. Then, we will continue to the bohemian neighborhood of San Blas, inhabited by renowned artists.

Lunch at Pachapapa restaurant.

After enjoying the delights of Cusco's cuisine, we will head towards the Plaza de Armas. Enjoy an incomparable view of the Jesuit Church, which was built over the old Amarucancha, the palace of the Inca Huayna Capac. There, we will take a guided tour to discover the mysteries of the Cathedral and admire its lovely atria and priceless 17th and 18th century paintings of the Cusco school. Finally, we will continue with the visit to one of the most impressive buildings of Inca Cusco: the Koricancha, "golden enclosure" in Quechua. Temple dedicated to the worship of the Sun god, who, according to the stories, looked, inside, entire walls covered with gold.

Dinner at MAP Café.

Meals: Breakfast, lunch, dinner.

Overnight in Cusco

Meal: Breakfast, lunch and Dinner

Day 08

Day 08: Cusco - Iquitos (Saturday)

At the appropriate time, we will transfer you to the airport to board the flight that will take you to Iquitos.

Flight Cusco – Iquitos (not included).

Aqua Nera 4D / 3N (High water – Nov. to May | Low water – June to Oct.).

Iquitos – Amazon River.

Upon your arrival, receive a warm welcome at Iquitos International Airport by our crew and enjoy lunch at a local restaurant or box lunch en route (depending on your arrival time). Then, private transfer to the embarkation port.

In the early evening, embark the Aqua Nera and settle into your generously sized suite as you begin one of life's greatest adventures. Following an introduction to our naturalist guides and a routine safety drill, gather at the restaurant for the first of many Amazonian cuisine experiences created by Aqua Nera consulting chef, Pedro Miguel Schiaffino.

Meals: Breakfast, lunch, diner.

Overnight on board the Aqua Nera.



Meal: Breakfast, lunch and Dinner

Day 09

Day 09: Iquitos

Yarapa River – Clavero Lake.

Aboard our comfortable skiffs, we set sail from the Amazon River to the Yarapa River. Ready your binoculars to spot tropical songbirds, black collared hawks and sloths. Line-fish for Amazon's notoriously ferocious piranhas while our naturalist guides share stories of Lake Moringo.

In the afternoon, we will sail on to Clavero Lake where villagers rely on traditional dugout canoes to get around. Swim in the lake's calm waters or visit native residents of Amazonia who welcome you to their community with open arms.

Meals: Breakfast, lunch, dinner.

Overnight on board the Aqua Nera.

Meal: Breakfast, lunch and Dinner

Day 10

Day 10: Iquitos

Yanallpa River – Dorado River.

We explore the black water tributaries of the Yanallpa River by skiff, disembarking to walk deep into the wildlife-rich Amazonian rainforest. Later, we board the skiffs again to cruise along the El Dorado River for a dusk excursion in search of exotic nocturnal creatures.

Meals: Breakfast, lunch, dinner.

Overnight on board the Aqua Nera.

Meal: Breakfast, lunch and Dinner

Day 11

Day 11: Iquitos - Lima

Check out at 08:30 am.

In the morning, take a guided visit to the local market and marvel at the regional produce of the



Peruvian Amazon, and sample exotic snacks if you wish. Return to the Aqua Nera for breakfast before disembarkation.

En route to the airport, visit the Manatee Rescue Center, where orphaned Amazonian manatees rehabilitate before they are released back into the wild.

Meals: Breakfast.

Meal: Breakfast

Inclusions

- o Transfers and excursions on private services with local English-speaking guide.
- o Accommodation in the hotels mentioned.
- o Food specified in the itinerary.
- o Entrance tickets for the excursions mentioned.
- o Entrances ticket to Machu Picchu and bus tickets (round trip).
- o Train ticket to / from Machu Picchu, in the Vistadome service.

Exclusions

- o Domestic and international flights.
- o Medical and travel insurances.
- o Tips in hotels and restaurants.
- o Meals and other services not specified in the program.
- o Early check in or late check out.

Note

Hotels Used

Lima - Hotel B (Aposento)

Cusco - Palacio Nazarenas, A Belmond Hotel (Junior Suite)

Sacred Valley - Tambo del Inka, a Luxury Collection Resort & Spa (Deluxe Terrace)

Machu Picchu - Inkaterra Machu Picchu Pueblo (Superior Deluxe)

Iquitos - Aqua Nera (Lower Deck)



We have incorporated the cost for 4 Days/3 Nights Cruise on Lower Deck, incase Upper Deck is required rates are available on request.

The quoted rates are starting from rates and final rates will be advised at the time of booking.

Program Touring / Guide

Private touring

Periodic Departure

14 Mar, 2024 to 31 Dec, 2024

Hotel and Cruise

AUD 17,942 P P twin share

AUD 28,959 P P single

ON REQUEST

