



## The heart of Kyrgyzstan - 10 Days (#20316)

**Note:** Price printed on this PDF is valid until **08-07-2025** and is subject to change without notice due to Partner changes and currency fluctuations

### Overview

The Kyrgyz land is a place of untouched wilderness, where people have kept their traditions, customs and culture for a long time. In the mountains you can meet modern nomads who have not changed their way of life for centuries.

Their simple life can go into a yurt, a felt house, which was so skillfully arranged by Kyrgyz nomads and decorated with such love with multi-coloured carpets. A lot of incredible discoveries and positive impressions await you on this journey.

### Trip Highlights

Bishkek- Cholpon Ata- Karakol-Tamga-Kochkor-Son Kul-Tash Rabat

### Detailed Itinerary

#### Day 01

Day 1. Airport – Bishkek (ca. 30 km, 40 min)



Arrival at Manas Airport in Bishkek. Standard check-in at hotel after 14:00. 11:00 meet your guide in the hotel lobby and start the city tour.

We will visit the heart of the city, Ala-Too Square where the State Historical Museum is located. After we can enjoy a walk in the Oak Park, one of the favorite places of local people.

After lunch at the local restaurant, we visit the famous market, Osh bazar. Just as you step into the market, you plunge into the real oriental atmosphere: an interminable stream of people, a big variety of goods and colours.

Dinner in the traditional restaurant where you can taste the national Kyrgyz cuisine.

Meals included: lunch, dinner.

Accommodation: Hotel 3\* (My Hotel).

Note: it is highly recommended to book an extra night at the hotel, as most flights to Bishkek arrive late at night or early in the morning.

**Meal:** Lunch & Dinner

### Day 02

### Day 2. Bishkek – Burana – Iskra village – Cholpon Ata (ca. 290 km, 4h)

Breakfast in the hotel.

Our journey begins with a visit of the Burana Tower, an ancient minaret in the Chuy Valley in the north part of Kyrgyzstan. The tower with funerary monuments, earthworks, remains of the castle and three mausoleums – that's all what last out of the ancient Balasagyn town that was founded by Karakhanids at the end of the ninth century.

Lunch in the Iskra village with Dungan family, the ethnicity of Chinese Muslims who had to flee China. You taste their national cuisine.

Then departure to Issyk Kol, the largest lake in Kyrgyzstan and one of the deepest in the world. We drive you to the hotel located on the lake shore.

Free time. You can rest on the beach and swim in the lake. Dinner in the restaurant.

Meals included: breakfast, lunch, dinner.

Accommodation: Hotel 4\* (Kapriz Resort).

**Meal:** Breakfast, lunch and Dinner



### Day 03

### Day 3. Cholpon Ata – Grigoriev and Semienov gorges – Karakol (ca. 160 km, 3h)

Breakfast at hotel. At 09:30 we go to the petroglyph museum. The 42 hectares of the museum are dotted with stones, tombs, balbals and various petroglyphs dated from the 2nd millennium BC until the 4th century AD.

Then we go towards the Grigoriev and Semienov gorges. Picnic or lunch in the café on the road.

Grigoriev and Semienov gorges are considered as one of the most famous attractions of the Issyk Kol region. You can go for a walk, enjoy the wild nature around you and spend a nice time in this beautiful place.

After departure to Karakol, the administrative center of the Issyk-Kol region. Arrival and check- in at hotel.

You have dinner in the local restaurant and you have a rest in the hotel.

Meals included: breakfast, lunch, dinner.

Accommodation: Hotel 3\* (Hotel 78).

**Meal:** Breakfast, lunch and Dinner

### Day 04

### Day 4. Karakol – Tepke village – Karakol (ca. 25 km, 30 min one way)

Breakfast at the hotel. Departure for sightseeing. We visit the Russian Orthodox cathedral and the Dungan mosque, designed by the Chinese between 1907 and 1910 for the local Dungan community.

After we go to the museum dedicated to Nikolai Przhevalsky, the famous 19th-century Russian explorer. After the tour in the museum, transfer to the farm in Tepke village (30 min).

Arrival to local farm Reina Kench, where we have our lunch. After lunch we visit the farm: garden, stables with breeding horses, cows, sheep and goats. You will have the lecture about the Kyrgyz Horses and their role in Kyrgyz culture while visiting the stables.

On the way back to Karakol we drive you to take the boat trip to enjoy the beauty of Issyk Kol Lake and the majesty of the snow-capped mountains of Tien Chan.

Transfer to hotel. Free time for your own discoveries. Dinner at the restaurant.

Meals included: breakfast, lunch, dinner.

Accommodation: Hotel 3\* (Hotel 78).



**Meal:** Breakfast, lunch and Dinner

### Day 05

#### Day 5. Karakol – Jeti Oguz – Barskoon – Tamga (ca. 135 km, 2-3h)

After breakfast we leave Karakol for Jeti Oguz gorge. The red rock Broken Heart located at the entrance to the gorge creates a special romantic ambiance in the gorge. You take a walk there for an hour.

Then we go to the Barskoon gorge. The gorge is famous for its waterfalls. One of the best known is Tears of the Snow Leopard. In the middle of the gorge you find the monument for the first cosmonaut Yu. A. Gagarin.

Dinner and overnight in the guesthouse.

Meals included: breakfast, lunch, dinner.

Accommodation: Guesthouse (U Pavla Guesthouse).

**Meal:** Breakfast, lunch and Dinner

### Day 06

#### Day 6. Tamga – Skazka – Bokonbaevo – Kyzyl Tuu – Kochkor (ca. 170 km, 3h)

After breakfast, we head towards Kochkor village and pass by the south shore of the lake. On the road we visit the Skazka canyons which translate as the “fairy tale”. Here you can find objects of surprising shapes and sizes. A real skyscraper or an animal can appear in front of you. Walking in the canyons (1-2h).

In Bokonbaevo, we meet an eagle hunter with his bird. You can appreciate the alertness and speed of the bird during the hunting. It is one of the oldest traditions of Kyrgyz nomads.

Lunch in the guesthouse or café.

Our next stop is Kyzyl Tuu village where the local family reveals the secrets of yurt production. This family is engaged in this unique art from generation to generation.

Continue to Kochkor. Dinner and overnight in the guesthouse.

Meals included: breakfast, lunch, dinner

Accommodation: Guesthouse (Mira Guesthouse)

**Meal:** Breakfast, lunch and Dinner





### Day 07

#### Day 7. Kochkor – Tash Rabat (ca. 240 km, 4h)

After breakfast, we take the road and continue our journey. On the way, we have to overcome Dolon Pass (3030 m), then we go to the old caravan stop of the Silk Road period – Tash Rabat.

On the road we stop in the city of Naryn to have lunch in the restaurant.

We arrive at the yurt camp in Tash Rabat. Tash Rabat is a historical monument founded by monks in the 10th century. At the begging of the Silk Road period Tash Rabat lost its religious significance and the monastery served as a hotel for passing caravans.

Dinner and overnight in yurts.

Meals included: breakfast, lunch, dinner

Accommodation: Yurt camp

Note: 2 people per yurt. Toilets, shower and sauna are outside.

**Meal:** Breakfast, lunch and Dinner

### Day 08

#### Day 8. Tash Rabat – Son Kul (ca. 260 km, 5h)

After breakfast, the beautiful mountain roads lead us to Son Kul Lake.

Today, we overcome the mountain pass Moldo Ashu (3400 m). From the pass the lake Son Kul seems very small, but descending lower and approaching the lake, it appears as a big and gorgeous lake.

Upon arrival at a camp at the lake, you get to know the hospitality of the nomads, their lifestyle and their customs. Dinner and night in the yurts.

Meals included: breakfast, lunch, dinner

Accommodation: Yurt camp

Note: 2 people per yurt. Toilets, shower and sauna are outside.

**Meal:** Breakfast, lunch and Dinner

### Day 09

#### Day 9. Son Kul – Bishkek (ca. 315 km, 5-6h)



We return to the capital after breakfast in the yurt.

We will return to the civilization descending from Kalmak Ashu pass of 3400 m and we pass again by the Boom gorge.

Lunch in the café in Kochkor.

As we get Bishkek we will have time to visit the local market to buy some presents, and in the evening the farewell dinner awaits us.

Meals included: breakfast, lunch, dinner

Accommodation: Hotel 3\* (My Hotel).

**Meal:** Breakfast, lunch and Dinner

### Day 10

### Day 10. Bishkek – Airport – Departure (ca. 30 km, 40 min)

Transfer to the airport. Departure.

## Inclusions

- Group transfers in air-conditioned and comfortable vehicle
- Experienced driver
- English speaking permanent guide
- Accommodation mentioned in the program
- Full board (set menu\*)
- Visits mentioned in the program
- Yurt production
- Eagle hunting
- Boat trip
- Mineral water 1L/per person/per day

## Exclusions

- International flights.
- Airport transfer.
- Personal expenses



- Insurance
- Tips for guide, driver etc.
- Optional activities
- Breakfast on day 1
- Early check-in on arrival day in Bishkek:(Rates available on request).
- Late check-out\*\*
- Porters for baggage in hotels and airport
- Alcohol
- Services not mentioned as included.

### Note

Hotels Used OR Similar

Bishkek – Hotel 3\*- My Hotel

Cholpon Ata – Hotel 4\*- Kapriz Hotel

Karakol – Hotel 3\*-Hotel 78

Tamga – Guesthouse - U Pavla Guesthouse

Kochkor – Guesthouse - Mira Guesthouse

Son Kul – Yurt camp - Baiysh Yurt Camp

Tash Rabat – Yurt camp

\*Set menu includes salad, soup, main course, bread, tea & water.

\*\*Check-in at hotels after 14:00, check-out before 12:00.

Note: the offered accommodation options are subject to availability. Reservations are made only after confirmation and payment.

### Program Touring / Guide

Escorted Experience

### Fixed Departure



<p><b>06 Jul, 2025</b> Hotel AUD 3,789 P P twin share AUD 4,564 P P single AVAILABLE</p>	<p><b>03 Aug, 2025</b> Hotel AUD 3,789 P P twin share AUD 4,564 P P single AVAILABLE</p>	<p><b>17 Aug, 2025</b> Hotel AUD 3,789 P P twin share AUD 4,564 P P single AVAILABLE</p>
<p><b>07 Sep, 2025</b> Hotel AUD 3,789 P P twin share AUD 4,564 P P single AVAILABLE</p>		

